



PLAYWELLMINDS

EMPOWERING YOUNG MINDS

With this certification, the recipient is authorized to deliver the PlayWell7 Teen Mental Fitness program for 1 year — using science-backed tools, the PlayWellMinds app, and 7 keynote modules — to empower teenagers with mental strength, emotional resilience, and life-ready skills.

PlayWell7 Certified - Teen Mental Fitness
Fundamentals

Henrik Cronebäck, Founder & CEO

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